

BCWSA ILLNESS POLICY

In this policy, “Individual” includes an employee, volunteer, participant or parent/spectator.

- 1. Inform an individual in a position of authority (Executive Director, Coach, Team Manager, Program Coordinator) immediately if, you feel any symptoms of COVID-19** such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

- 2. Assessment**
 - a. Individuals must review the self-assessment signage and/or checklist located throughout the facility before their work day/practice/activity and attest that they are not feeling any of the COVID 19 symptoms.
 - b. Managers/coaches will visually monitor individuals to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the workday/practice/activity.
 - c. If Individuals are unsure please have them use the self-assessment tool <https://bc.thrive.health/covid19/en> or through the COVID-19 BC Support App self-assessment tool.

- 3. If an Individual is feeling sick with COVID-19 symptoms**
 - a. They should remain at home and contact Health Link BC at 8-1-1.
 - b. If they feel sick and /or are showing symptoms while at work/practice/activity, they should be sent home immediately and have them contact 8-1-1 or a doctor for further guidance.
 - c. No Individual may participate in a practice/activity if they are symptomatic.

- 4. If an Individual tests positive for COVID-19**
 - a. The Individual will not be permitted to return to the workplace/practice/facility until they are free of the COVID-19 virus and have been cleared by their physician to return.
 - b. Any Individuals who work/play closely with the infected individual will also be removed from the workplace/practice/facility for at least 14 days to ensure the infection does not spread further.
 - c. Close off, clean and disinfect their work/practice/facility area immediately and any surfaces that could have potentially been infected/touched.

- 5. If an Individual has been tested and is waiting for the results of a COVID-19 Test**
 - a. As with the confirmed case, the Individual must be removed from the workplace/practice/facility.

- b. The Public Health Agency of Canada advises that any person who has even mild symptoms to stay home and call the public health authority of B.C.
- c. Other Individuals who may have been exposed will be informed and removed from the workplace/practice/activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.
- d. The workspace/practice/activity space will be closed off (to the extent possible), cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

6. If an Individual has come in to contact with someone who is confirmed to have COVID-19

- a. Individuals must advise their employer/coach if they reasonably believe they have been exposed to COVID-19.
- b. Once the contact is confirmed, the Individual will be removed from the workplace/practice/activity for at least 14 days or as otherwise directed by public health authorities. Individuals who may have come into close contact with the exposed Individual will also be removed from the workplace for at least 14 days.
- c. The workspace/activity area will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

7. Quarantine or Self-Isolate if:

- a. Any Individual who has travelled outside of Canada or the province within the last 14 days or who lives with someone who has been outside of Canada in the past 14 days is not permitted to enter any part of the facility and must quarantine and self-isolate.
- b. Any Individual with any symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
- c. Any Individual from a household with someone showing symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
- d. Any Individual who is in quarantine or self-isolating as a result of contact with an infected person or in families who are self-isolating, is not permitted to enter any part of the facility.