



## BC Wheelchair Sports Association - Return to Sport Restart

*Below is the current PHO guidance as it relates to **Wheelchair Tennis, Wheelchair Rugby, and Wheelchair Athletics**. Participants including athletes, coaches, and volunteers are encouraged to stay up to date on additional Public Health measures at the links below.*

*Sport participants are reminded that municipalities or facilities may impose their own limitations on activities. It is the responsibility of the participant to keep up to date on the requirements of their training venues and to follow all rules while on site. There are currently additional restrictions relating to personal gatherings in the **Interior and Northern Health Regions** intended to manage the spread of COVID-19. Details on those restrictions can be found at the links at the end of this document. Where there are disagreements between this document and the regional restrictions the regional health document takes precedence.*

*Any questions regarding the information contained in this document or the RTS process in general should be directed to Program Manager Michelle McDonnell at [michelle@bcwheelchairsports.com](mailto:michelle@bcwheelchairsports.com) or the BCWSA Program Staff responsible for each sport.*

### **General Guidelines – effective September 12, 2021**

- All activities must be in alignment with the [viaSport Return to Sport Restart 2.0 Chart](#)
- All activities must follow all [Government of BC COVID-19 Restrictions and Orders](#)
- All participants (or their parents for participants under 18) will be required to sign an updated BCWSA Waiver or Assumption of Risk AND COVID-19 Declaration and must follow all BCWSA Policies and Protocols (linked below).
- Individuals should not attend any sport programming if they are unwell. Participants may use the COVID-19 Self-Assessment Tool (<https://bc.thrive.health/covid19/en/>) to assess their symptoms as necessary. It is the responsibility of the individual to monitor themselves for symptoms which may be related to COVID-19.
- All participants and coaches should continue to practice good hygiene (frequent hand washing; avoid touching one's face; respiratory etiquette; disinfect frequently touched surfaces).
- Programs should record attendance at each session and maintain contact details for all attendees for at least two weeks following an event (tournament, practice, training camp etc.)
- Physical Assistance may be offered to athletes as required but all parties (including athletes) must wear a mask while within 2m of each other whether indoors or outdoors.
- Physical distancing is no longer required on or off the field of play.
- Travel for sport is permitted Canada-wide. International travel must continue to follow federal guidance.

## Sport Guidelines

Sport restrictions now differentiate between indoor versus outdoor sport **only**.

- Indoor sports (ie. rugby) which are taking place outdoors may follow outdoor restrictions.

### Indoor

- There is no limit on participation numbers (all ages)
  - Participants include athletes, coaches, trainers, officials and any individual present in an official capacity but **does not** include spectators
- Seated spectators are limited to 50 individuals or 50% of capacity, whichever is greater
- Per the [PHO order on masks in indoor public settings](#) all individuals over the age of 12, regardless of their vaccination status, must wear a mask in all indoor public spaces throughout B.C. (including fitness and recreation facilities) to help slow the transmission of COVID-19 as B.C. prepares for the fall and respiratory illness season. Masks do not need to be worn on the field of play while participating in sport
- Per the [PHO order on gatherings and events](#) commencing September 13th, 2021 and ending October 23<sup>rd</sup>, 2021 all adult sport participants (ages 22+) must have received **at least one dose of a WHO approved COVID-19 vaccine** and must provide proof of that vaccine in the form of a BC Vaccine Card, in either printed or digital form, to their coach or another BCWSA representative before entering the sport facility or participating in sport.
  - *Between September 13<sup>th</sup> and September 26<sup>th</sup>* paper vaccine cards – distributed when you received your vaccination – will also be an acceptable form of proof.
  - *After October 23<sup>rd</sup>* and until the order is lifted (no earlier than January 31<sup>st</sup>, 2022) all sport participants (ages 22+) must have received **two doses of vaccine** and must provide proof of that vaccine to their coach or another BCWSA representative before entering the sport facility or participating in sport.
  - Sport participants may also be asked to provide proof of vaccination by sport facilities.
  - For clarity the proof of vaccination requirement applies to indoor sport only and only to participants over the age of 21.
  - Information on how to obtain a BC Vaccine Card can be found in the links below.

### Outdoor

- There is no limit on participation numbers (all ages)
  - Participants include athletes, coaches, trainers, officials and any individual present in an official capacity but **does not** include spectators
- Seated spectators are limited to 5000 individuals or 50% of capacity, whichever is greater
- Masks are not required except when giving/receiving physical assistance as above.

## High Performance Sport

CSI-P identified athletes must adhere to all requirements above

## **Resources**

### **BC Wheelchair Sports Resources**

[Waiver/Assumption of Risk](#)

[COVID-19 Declaration](#)

[Illness Policy](#)

[Outbreak Response Protocol](#)

[Personal Health Attestation](#)

### **Other Resources**

[WorkSafeBC](#)

[viaSport Return to Sport Restart 2.0 Chart](#)

### **Government Resources**

[Province-Wide Restrictions - Province of British Columbia](#)

[Travel and COVID-19 - Province of British Columbia](#)

[PHO Order on Masks in Indoor Public Spaces](#)

[PHO Order on Gatherings and Events](#)

[Proof of vaccination and the BC Vaccine Card - Province of British Columbia \(gov.bc.ca\)](#)

[Provincial and regional restrictions | COVID-19 | Interior Health](#)

[New health measures introduced for Northern Health region | Stories](#)